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 Principal ● Zlatko Pear

*Inspirational.*

Issue 19 : 26th November 2021

## Calendar

### November

30 Prep Transition

### December

7 State Wide Orientation Day

8 Year 7 Parent Information Night

9 3/4 Beechworth Camp

13 7/8 Wangaratta Bowling/Swimming

17 Last Day of Term

### Inside this issue:

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## A few words from the Principal.....Zlatko Pear

### Headstart Program

Our Headstart Program started on Monday 22<sup>nd</sup> November. In order to better engage the students during the final few weeks of the year we have decided that all secondary students will start next year's classes. In most cases they will have their 2022 teachers take the class. The current Year 7 – 9 students will complete a three week program finishing on Friday 10<sup>th</sup> December. Our Year 10 and 11 students will complete a two week VCE program which will conclude on Friday 3<sup>rd</sup> December.

### Preps 2022

The Prep Transition Program formally started on Tuesday 16<sup>th</sup> November when we welcomed our 2022 Prep students to the Myrtleford P12 College community for their first experience of 'big school'. It was the first in a series of visits aimed at making the transition from Kindergarten to Prep as smooth and anxiety free as possible. The visits will continue over the next two weeks. The transition program will also include teachers visiting our students at the kinder and will conclude with the State-wide Orientation Day on Tuesday the 7<sup>th</sup> of December.

### Easing of Restrictions

The Department recently announced an easing of restrictions regarding face masks. This means that secondary students and staff are no longer required to wear a mask within Secondary school buildings Primary school students and staff in years three to six, along with anyone entering Primary school buildings, will still be required to wear a mask indoors unless an exemption applies.

Please let me know if you have any questions regarding any restrictions related to Covid-19.

### Orientation Day

Tuesday 7<sup>th</sup> December will be the State-wide Orientation Day. Our 2022 Prep students will spend most of the day at school. All other primary students will 'step-up' to their 2022 classes. It is an exciting day because in most cases students will be with their 2022 teachers and classmates.

...Zlatko Pear

**COLLEGE ANNOUNCEMENTS**

Be Respectful – Be Responsible – Be a Responsible Community Member – Be Safe

**Green Card Winners**

Term 4 Week 7



- |   |                         |                              |
|---|-------------------------|------------------------------|
| Prepared and ready to participate       | Madi Ramia              | Following teacher directions |
| Keeping my learning space tidy          | Luqel Treena-Melville   | Wearing my uniform proudly   |
| Focussing on my own work                | Aliza Kneebone          | Using respectful language    |
| Arriving and leaving quietly and safely | Will Hughes             | Trying my hardest            |
| Showing kindness to others              | Addison Gilbertson      |                              |
|   | Hugh Scott              |                              |
|   | Paige Allan             |                              |
|   | Billy Simpson           |                              |
|   | Liliana Turner-Spessot  |                              |
|   | Harlow Mitchell         |                              |
|   | Nova Mooney             |                              |
|   | Lincoln Thorpe (absent) |                              |
- Congratulations!!**

**Canteen News**

Please note that the canteen is now operating on usual days.

**OPEN MONDAY, THURSDAY AND FRIDAY**

**CLOSED TUESDAY AND WEDNESDAY**

**An updated canteen menu is attached!**

**BREAKFAST CLUB**

**Tuesday** in the SLA for cheese toasties  
**Friday** in the canteen for toast and cereal

Breakfast is FREE and available for everyone to enjoy

The staff carpark is **not** a safe place to drop off your children. Please use the drop off points in Mummery Road (outside the SLC building) or Prince Street (bottom corner of the basketball courts).

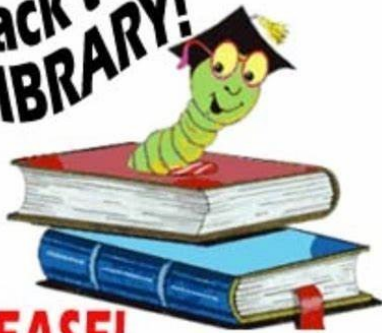
**PLEASE DO NOT DROP OFF STUDENTS IN THE STAFF CAR PARK**

**Wellbeing Support during COVID 19 pandemic**

<p><b><u>FOR STUDENTS</u></b></p> <p><a href="#">Beyond Blue Surviving School before, during and after COVID 19.</a></p> <p><a href="#">A guide to dealing with constant change due to COVID 19</a></p> <p><a href="#">5 steps to study success at home</a></p> <p><a href="#">7 tips to help with stress and anxiety</a></p> <p><a href="#">Tips to keep good mental health</a></p>	<p><b><u>FOR PARENTS</u></b></p> <p><a href="#">How to have a great conversation</a></p> <p><a href="#">Tips for supporting a teenager who is stressed</a></p> <p><a href="#">Surviving Year 12 (for parents)</a></p>
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# ALL BOOKS

Back to the  
LIBRARY!



**PLEASE!**

It is nearly time to get all books returned to the library in order for end of year tasks to be completed. Please check your shelves, under the beds, in the cupboards and in the school bags for any library books that need to be returned.

## COVID requirements have changed

To support our efforts to keep all students and staff safe at our school, there are a number of requirements in reference to COVID 19.

### QR CODES

QR codes are located at the main entrance to the school, and at the entry to school buildings. For contact tracing purposes, parents should use the QR code at the school entrances when going on-site.

If however the parent/family member is entering a school building, they **MUST sign in at the front office and show proof of vaccination.** Please see information provided in the Principal's messages on the front page.

### FACE MASKS

Whilst on site, parents, family members and visitors must abide by the current Chief Health Officer's orders, including social distancing and the wearing of face masks.

Students in Years 3 and above and staff are also currently required to wear face masks whilst indoors.

## MELBOURNE STARS MASCOT CHALLENGE

Prep students have been undertaking the Melbourne Stars Mascot Challenge, improving their catching, throwing and striking skills. All students were exposed to skill drills and small sided games during this challenge. The Preps were thoroughly engaged throughout this unit and demonstrated great growth resulting in being presented with a certificate and a soft tennis ball (as seen here). Well done Preppies!

*Mr Sharp and Mr Slotegraaf*





## HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

Well, here comes the warm weather and with it at times, a bit of a visit from those pesky headlice (otherwise known as nits).

**What are they?** Head lice are small, wingless insects that live, breed and feed on the human scalp. They do not generally carry or transmit disease.

**How do they spread?** People catch head lice from direct head-to-head contact with another person who has head lice. This can happen when people play, cuddle or work closely together. Head lice are most common among children and their families.

**Head lice do not have wings or jumping legs, so they cannot fly or jump from head to head. They can only crawl.**

If your family has head lice, tell anyone who has had head-to-head contact with them, so that they can check and treat their family if needed. There is no need to treat the whole family, unless they also have head lice.

Concentrate on treating the affected person's head. There is no evidence to suggest that you need to clean the house or the classroom. The only linen that requires changing is the affected person's pillowcase. Wash it in hot water (60 °C) or dry it in a clothes dryer set to warm or hot.

**What can we do?** The easiest and most effective way to find head lice is to use the conditioner and comb treatment weekly. This includes:

- Step 1. Comb hair conditioner onto dry, brushed (detangled) hair. This makes it difficult for lice to grip the hair or run around.
  - Step 2. Thoroughly comb sections of the hair with a fine tooth head lice comb.
  - Step 3. Wipe the conditioner from the comb onto a paper towel or tissue.
  - Step 4. Look on the tissue and on the comb for lice and eggs.
  - Step 5. Repeat the combing for every part of the head at least 4 or 5 times.
- Step 6. If lice or eggs are found, the person should be treated.

**Treatment** The 2 preferred treatment options available for initially treating head lice are the 'conditioner and comb' method, and the use of an insecticide.

If you choose insecticide any head lice treatment product you choose should carry an Australian Registered (AUST R) or Australian Listed (AUST L) [number](#) on the outer packaging. These numbers show that the product is accepted by the Therapeutic Goods Administration for supply in Australia.

**Preventing headlice** There is no product available that prevents head lice. However, tying long hair back and checking weekly for lice, using the conditioner and comb method, can help prevent the spread.

**Rules for schools around head lice** According to the Public Health and Wellbeing Regulations 2009, children with untreated head lice are not permitted to attend school or children's service centres. However, once treatment has started, they may attend, even if there are still some eggs present.

For more information please see <https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/head-lice-nits>

### THOUGHT FOR THE WEEK

"No matter how busy a person is, if they care they will find time for you."

...Rosemary



## HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge

### We got back !

Year 3 made a visit to Myrtleford Lodge on Friday 19th of November. They shared poetry they had written about grandparents with the residents and sang a few songs. Everyone was smiling, it was such a special time. The residents kept asking 'when will you be back?'



...Rosemary



# Tree of Harmony and Friendship

Last week was an exciting day celebrating the completion of the mosaic tree with Mrs Craftwright, The Crackpots and staff and students from Prep - 6.

Congratulations to Jacob Spiker who was the winner of the naming rights with the title "The Tree Of Harmony And Friendship".

Mrs Craftwright got the surprise of her life when the Crackpots unveiled a mosaic self portrait of her that Year 2 student, Marley Paahi, had done of her in Prep.

Congratulations to all involved

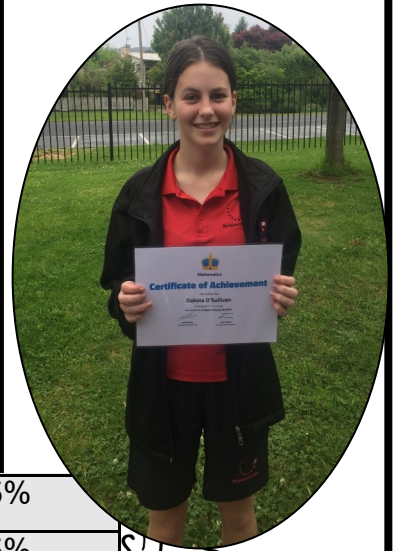






# Talking about Maths... with Ms Macrae

**Year 10 Celebration: Mastery on Maths Pathway**  
 Year 10 celebrated with a pizza party last week. Dominic Cooper and Dakota O’Sullivan have both completed every single Maths Pathway module! This is a fantastic achievement – only about 0.09% of Victorian students master all parts of the Victorian F-10 Curriculum for Mathematics.  
 Year 10 have now finished their time working with Maths Pathway, as they move into VCE Mathematics. Students in this class have achieved amazing growth rates during their two years of working with the program.  
 Congratulations to the following students in Year 10, who have averaged a growth rate of over 150% across this year:



Harrison Korb	175%
Heidi Murray	195%
Jaiden O’Brien	176%
Oaka Harris	208%
Reuben Thomas	223%
Dominic Cooper	300%
Dakota O’Sullivan	267%



$$V(k, n) = \frac{n!}{(n-k)!}$$

$$\vec{u} + \vec{v}$$

$$\binom{n}{k} a^n$$



$$\sqrt[n]{a} = a^{\frac{1}{n}}$$

$$= \frac{1}{n} \log a$$

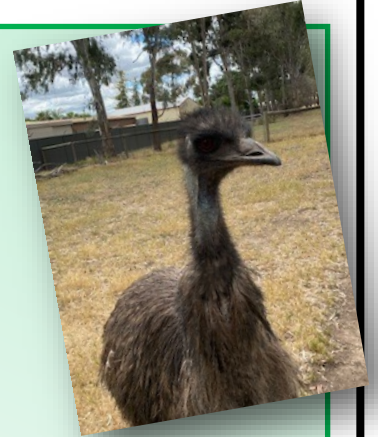




# Prep-2 Kyabram Fauna Park

## Kyabram Fauna Park

On Friday, 4<sup>th</sup> November, the Prep – Grade 2 students, along with their teachers, Ms. McIntyre, Danielle, Yolandi and Mr Lindsay boarded the bus for their trip to the Kyabram Fauna Park. We had never been here before, so we were super excited to see what Australian native animals we could find. It was a great day with lots of different animals to see. We saw koalas, emus, cassowaries, owls, kookaburras, snakes and lizards and lots of different native birds and bats, and kangaroos and wallabies. We were lucky enough to have an educational session with Caitlyn who talked to us about shingle backed lizards, leaf insects and sugar gliders. Some of us were lucky enough to hold the shingle back lizard and pat the possum!! Here are some of our thoughts:



**“The zoo was fun because we got to see the animals in groups. My favourite part was the birds and how we went in the cages”** – Cooper S (Prep H)

**“It was fun because we saw the dingoes and the birds. The Koalas were cute”** – Henry (Prep H)



**“The zoo was good because I got to see lots of animals. I liked the echindas best”** – Eli (1S)

“My favourite part was patting the kangaroo's, because you don't get to do that every day.” - Jake Spiker (2CU)



My favourite part was seeing the koala's because I've been watching a show about them. They are like puffy clouds hanging on the trees.” Tayla Walters (2CU)





# Prep-2 Kyabram Fauna Park



**“It was so hot and dusty. I liked all the animals. They were cute” – Billy**

**“I liked all the animals but my favourite was the red belly black snake” – Marley (2CL)**



**“The zoo was the best because I saw snakes and lizards” – Julian (Prep L)**

**“My favourite part was when we saw the emus” - Kye (1R)**

**“The best was when the koala was sleeping like a sloth” - Heidi (1R)**

**“The zoo trip was awesome because we got to see lots of different animals” – Harlow (1R)**



**“The zoo was really, really good because there was lots of animals” – Finn (1S)**



**“The zoo was the best because there were lots of Australian animals. I liked the birds and the reptiles the best” – Zoey-Mae (Prep L)**



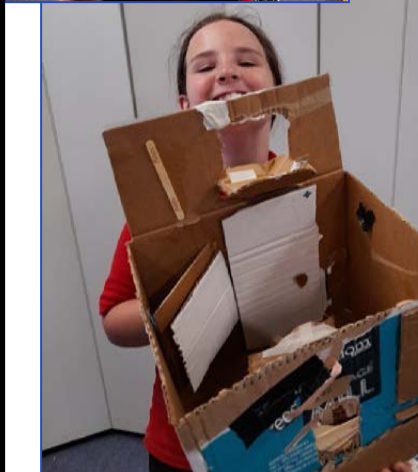
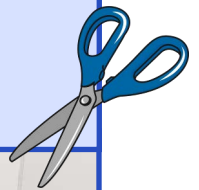


# Design and Tech in 3/4MH



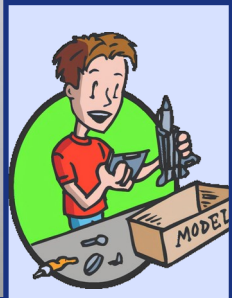
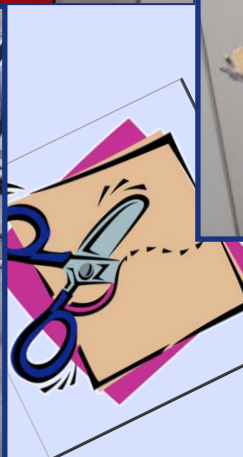
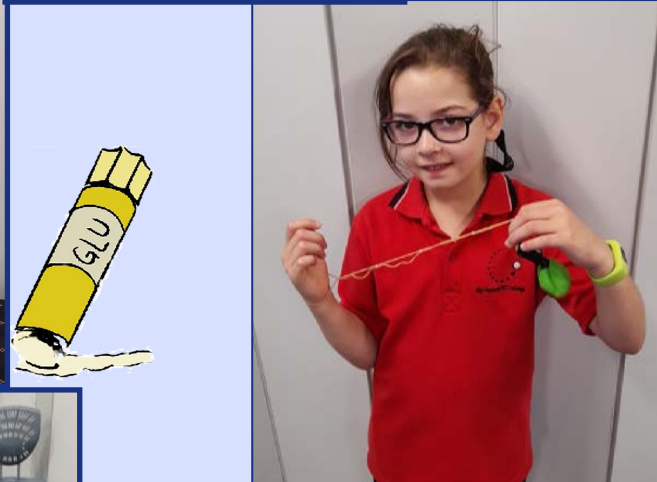
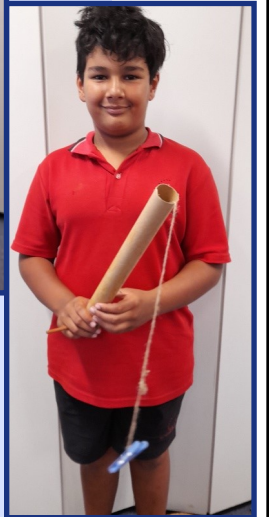
In our Design and Technology unit, children explored the role of people and technology in the mass production of toys. They used their knowledge of properties of materials to design and make a toy, following the design and production process. The brief was to design and make a toy to entertain a classmate. The criteria included being made from two suitable materials, having an elastic property, it must be fun and safe. The children were creative and thoroughly enjoyed this unit of work!

*Ms McIntyre*





# Design and Tech in 3/4MH





# Some awesome Grade 3LF Writing!

## The Stage Disaster – By Awi Ling

I'm pretty sure it was when I was in Grade One or Grade Two. My class was up on stage, I was grateful that I was at the back with some people. My class were doing the Ghost Buster dance. My eyes were bloodshot and my mind was like the tempestuous storm in the sea. My thoughts were overpowering, I was standing on a stage in front of hundreds of people.

I was so humiliated. I wished I was invisible. My head was vacant and spinning so hard. I felt like fainting on stage but luckily we were done. I was relieved. My heart calmed down. I was so happy.

## Lake Time – Harli Pregnell

Sand between my toes,  
Only the water knows  
Where the fish go,  
For I don't know.

Boats are dashing,  
Children are splashing,  
Under a blue sky,  
Worries say goodbye.

Sand between my toes,  
The whole world knows.  
Let it be so,  
To the lake we go!

## Summer is the best season of all!

Imagine if there was no Summer? It would be so nice there would be no snakes around . I would rather have Winter.

Summer makes you sweat a lot and it's too hard to go to sleep . Also your ice cream melts faster than normal. I wish that Christmas would be in winter. I wish that it would snow like in the movies. Also it is too hot to drink cocoa and hot chocolate so you only drink cold water and soft drinks.

Summer is THE WORST SEASON because mozzies are out and you want to play outside. One night I got a lot of mozzes bits on me. It made me itchy and sore. I had to put some special cream on them.

Although I like swimming a lot in summer, I will get to go swimming at my cousin's new pool this summer .But there are flies around and I am annoyed a lot . I think that winter should be the only season. you can go to the snow and have hot coco. I strongly believe that winter is better than summer. It makes me feel yucky and my hair goes buffy.

By Zoe Roberts

THAT'S THE WAY I HATE SUMMER.

We hope you enjoy these  
great examples of our  
work in 3LF  
Mrs Lindsay and  
Mr Fullwood

# Some awesome Grade 3LF Writing!

## My Embarrassing Moment – by Ameliya Heatley

On the first day of my new school I felt embarrassed because I didn't want to leave my parents. Then, I started crying.

Soon, my parents left and we started class. I had no clue why anybody was. I didn't want to talk and when I did, my words were shaky, my heart beat faster, I thought, "What if I mess up?"

I didn't feel comfortable because I had no friends, yet... I went home knowing that I knew one teacher but not the other. Mostly everyone knew who the other teacher was (which was Mrs. A and my main teacher was Mrs. Lindsay). Mrs. A was a nice teacher like Mrs. Lindsay.

After that, I wasn't embarrassed anymore.

## Summer Is The Best Season OF All!!

Imagine if Summer didn't exist! It would be **HORRIBLE!!**  
Here's why it's the best.

First of all you can go swimming like going to your local pool with your friend(s). Once I went to my friend's birthday party at the pool and we brought toys to play with and it was amazing because we got to go on a tarzan swing into the pool.

In Summer, you don't have to worry about school, you can just relax all day! If you like school this isn't for you but for the people that don't like school you can just relax at home with no work. Like who loves doing school when instead you could be playing outside or spending a movie night with family or friends or you could be having a day out at a playground to have fun and get energized with fresh air plus it's good for your health.

Summer is the **BEST** because the people that are afraid of snakes would never overcome their fear. If you love snakes you will never really see them. Snakes will be **EXTINCT FOREVER** it would be **HORRIBLE FOR EVERYONE!**

And that is why Summer is the absolute best season out of the other seasons of the year!!

By Ava Kneebone.

## Summer is the best season of all !!!

Hi, my favorite season is Summer. What's yours? Huh wait, WHAT! Yours is not Summer but why? Well here are some really awesome reasons why Summer should be your favorite season.

So you don't like Summer but why? There are so many holidays like Christmas, New years, Valentine's Day and my birthday too, but what if you don't celebrate those holidays... Don't you just love getting presents and seeing your whole family? How exciting is that? It is the best thing ever... **SCHOOL HOLIDAYS !!!!!** It's even longer than the other ones. New year, new me!

So with the holidays covered, time to talk about the food, don't you just love being at the beach on a hot day with some hot chips to snack on? Maybe seagulls will steal them **MAYBE!** Well if it's too hot just get some ice cream that will cool you down! Although it melts pretty fast so eat it quickly! But then if you want an icy cold beverage instead of a nice snack, have a slushy. It's nice and cool but it can give you a brain freeze too....

The normal time you go to bed is no more, because of daylight savings it makes the day longer so no early bed time at all. With the bed time longer there's more time to do stuff so more time to ride with friends, watching tv, eating... There's even more. Well with more time it should be summer all the time!

Winter is so bad because it's so cold so it is a pain to get outta bed, dead and most of all **DULL!** It's so ugly because the plants are all dead so no more pretty flowers to look at. Autumn is Winter's minion. It's getting ready for it's master Winter, killing all the plants and leaves. Spring is Summer's child but it sucks. Most of the time it is really cold or hot. It is not even a season! It makes baby birds chirp so loud and snakes can come out sometimes if it's hot, it's scary to see them also.

So to conclude Summer is the best season right now you agree with me "hehe". But it still has its pro's and con's, but obviously Summer is still the best season ever! It should be Summer every day every second every minute, it should be it **ALL THE TIME!!**  
By Lara Menz.





# Food Tech News

Congratulations to the following students who completed the "DO FOOD SAFELY" certificate



Hannah Pear  
 Bella Pascoe  
 Alex Durling  
 Georgia McRae  
 Annie Iaria  
 Rachel Larsen



It was a very exciting time in the Food Technology room last week as students did a practice run of their designs and then did the real "Morning Tea" for the class and staff. Each pair had to present an idea with a focus on finger food. The students surprised themselves in how well they prepared, baked and presented the food with excellent feedback from staff. Some of the food presented: cheese and vegemite scrolls, chicken tenders, yo-yos, mini sausage rolls and bruschetta. This forms part of their assessment for this semester and they should be congratulated for their efforts and very delicious results!

*Ms Crawford*

# Year 8 Science

Throughout Term 4, students in Year 8 participated in a STEM project. In conjunction with the Werribee Zoo, students were asked to investigate an animal found at the zoo and to design an enrichment activity or toy that could enrich their wellbeing.

The followed the following steps:

Step One: Become very familiar with their animal and to understand how it would live its life, both in the wild and in captivity.

Step Two: Chat with a zookeeper at the Werribee zoo to learn about some of the tools used with the Lions and Hippos.

Step Three: Design a toy or enrichment activity for their animal. They participated in “rapid-brainstorming” – where they needed to come up with as many ideas as possible in 10 minutes – the crazier the idea, the better! Students then needed to narrow down their ideas to a single choice to proceed with.

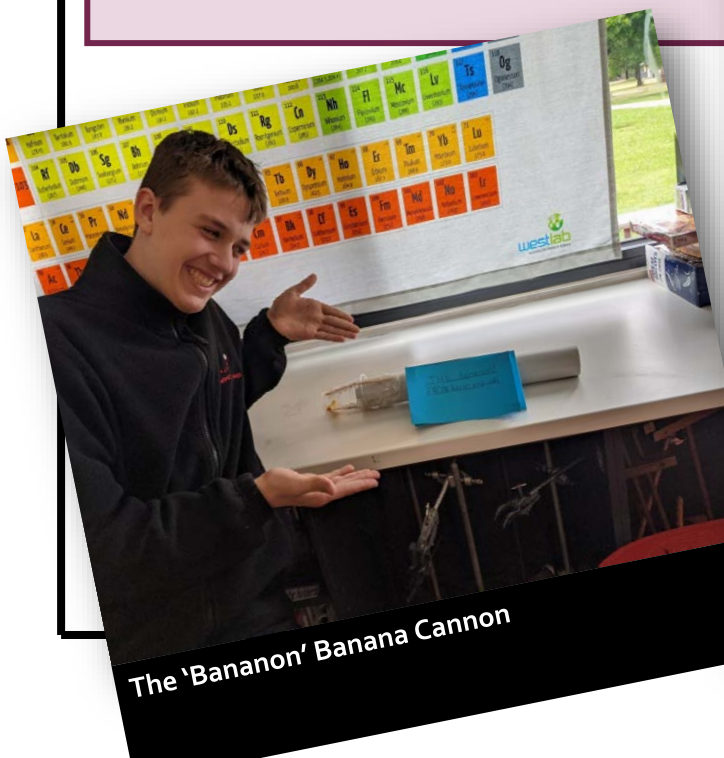
Step Four: Construct a prototype of their idea. Our students showed their creativity with a range of different materials used – lots of cardboard, wire, plasticine, hot glue, motors and batteries etc. were used. Some students chose to use a digital model and produced extraordinary scenes on Minecraft to display their ideas.

Step Five: Finally, students wrote a 2 minute pitch and were asked to persuade the class that their design should be the one chosen to be used.

We were so thrilled with the creativity, thoughtfulness and perseverance our students showed throughout this project. There were times where their motors wouldn't work, the trees wouldn't stand up and no amount of hot glue would stick the cardboard together at the right angle. However, every student created a prototype that they could be proud of and there were some amazing ideas that perhaps one day, might be seen in zoos around the world.

Here are some of their creations:

*Jody Vlahandreas & Lia Mitchell*



The 'Bananon' Banana Cannon

## Design Brief

Dear STEM designers,

My name is Ben and I'm a zoo keeper at Werribee Open Range Zoo.

My job is to care for the hippopotamuses and lions. I feed them, do health checks and clean their zoo habitats.

I also use 'enrichment', which helps animals move their bodies and use their brains. Enrichment reduces stress and helps animals act like they would in the wild.

My team and I have a big challenge that needs lots of solutions. Can you help us?

**We need new enrichment ideas for lions and hippopotamuses.**

Choose **one** of these animals and design enrichment to help it:

- use its senses e.g. smell, touch, taste, see, hear
- move in natural ways e.g. walk, jump, hop, swim
- behave in natural ways e.g. eat, communicate, sleep

Your design also needs to:

- be safe for me and my team to use
- survive the strength and weight of a lion or hippo
- be made of material that isn't toxic

My team and I use Design Thinking to find solutions to big challenges. You are also going to use this framework to design your enrichment ideas.

You can share your design idea with us on the Fighting Extinction Schools Flipgrid. Your teacher has information about this in their Teaching Guide.

Thank you for your help,

Ben Gulli  
Zoo Keeper, Werribee Open Range Zoo





# 8A



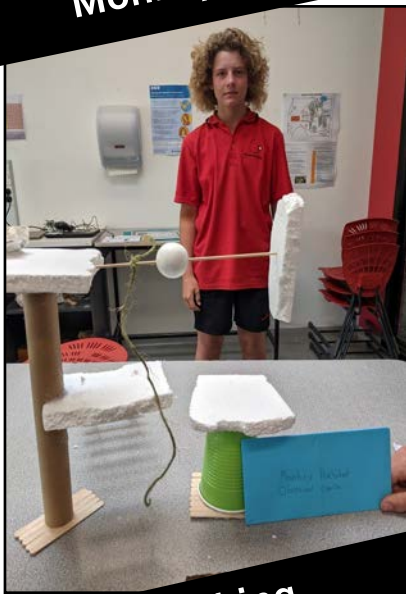
Bubble Blower for Monkeys



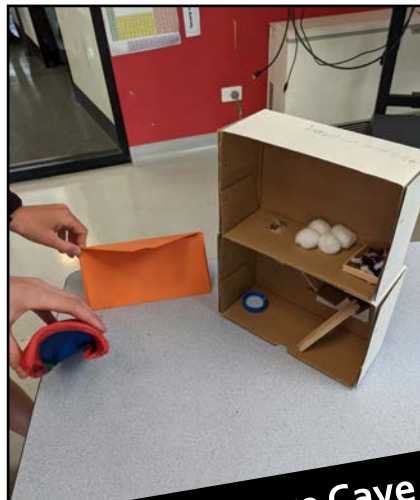
The Pond for water buffalo



M&M Meerkat Maze



Monkey Climbing Habitat



Lion Adventure Cave



Meerkat Maze



The Zipline Meat Catcher



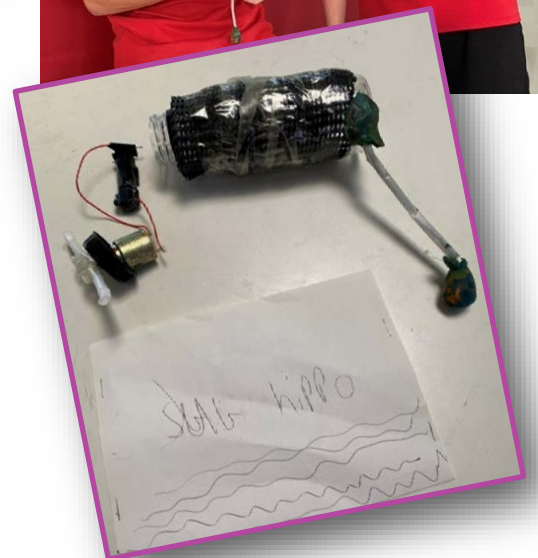
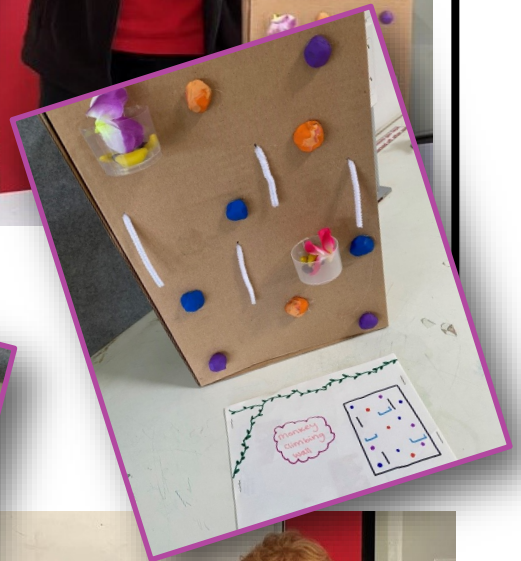
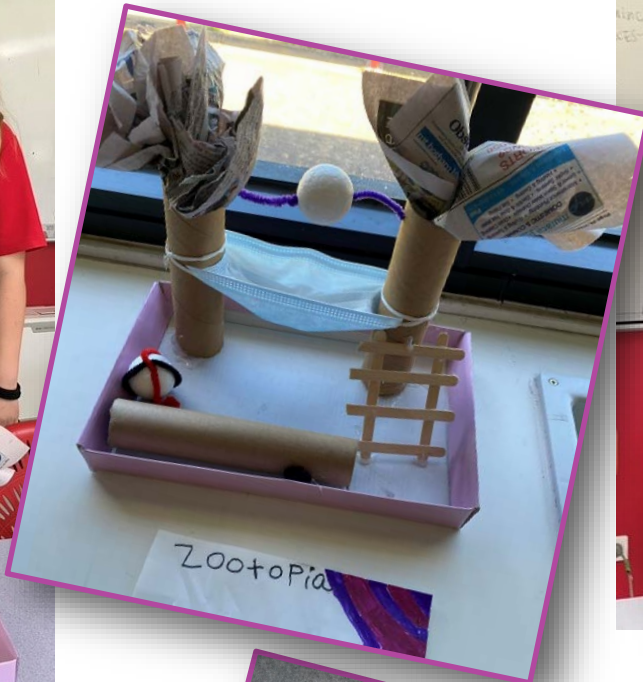
# 8B



Giraffe Feeding Ball



# 8B making their pitches



# Year 10 Science

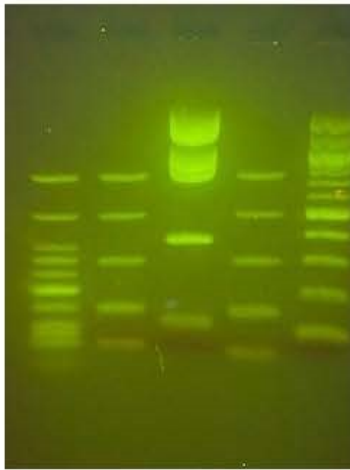
Although the class has already completed their studies of Genetics and Evolution for the year, Year 10 hadn't had the opportunity to use our new Gel Electrophoresis equipment due to several ill-timed lockdowns!

We took advantage of a free lesson before our exam revision was due to begin, to investigate a series of shark attacks that had occurred off the coast of a fictional Australian town. These pesky sharks left DNA evidence on the surfboards they attacked. Using gel electrophoresis, students were able to investigate whether each of the shark attacks that had occurred was due to a single shark or multiple sharks.

Students practised using micropipettes and loading agarose gels – essential skills for any student heading into a career in biotechnology. They then prepared their DNA samples and waited patiently for their results! Students analysed the gel carefully and found that three separate sharks were responsible. This is a picture of the results from Wil's group:

*Jody Vlahandreas*

Location:      1      2      3      4



**DNA Ladder –**  
Helps scientists calculate the size of each DNA fragment.

**Same shark –** The DNA found at location 1 and 3 produced the same banding pattern. This means that the same shark attacked at 2 different locations. The shark attack at location 2 and 4 were by different sharks.





# New art in the SLA



The Year 7 students investigated the works of New York artist and activist Keith Haring. They worked in small groups to create larger than life size artworks inspired by Haring's style and subject matter. The works have been hung in the SLA communal area, brightening the space with movement and colour.

*Ms Rose*





# FREE POOL LIFEGUARD TRAINING



Alpine Shire Council is pleased to offer 4 positions for young people aged 16 - 21 years who live in Alpine Shire for Accredited Pool Lifeguard Certificate & CPR training with the potential to work at pools across Alpine Shire

**Bright Sports Centre, 1 and 2 December 2021**



For more information and to apply for a funded position contact: [brightsc@belgravialeisure.com.au](mailto:brightsc@belgravialeisure.com.au) or 0459 277 255 by 9.00am Wednesday 24 November 2021



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